midora.

Doctor careers in New Zealand

A career journey. More than a vacancy.

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Use this document to prepare questions and evidence for your individual route. It is not an exhaustive eligibility assessment, legal or immigration advice, a vacancy, or confirmation of registration. Requirements vary by qualification, regulator, professional title and employer. No universal language score, experience threshold, fee or processing time is asserted.

Start with the right authority

Medical Council of New Zealand

Official registration starting point

01. Qualification & documents

Identify the qualification, awarding institution and registration documents required for your doctor pathway. Confirm your overseas qualification route with your profession's New Zealand council or board.

My evidence: _____ Recruiter review: _____

02. Experience & references

Prepare an accurate employment history and referees. Ask the recruiter to confirm the specific role's experience requirements; there is no universal minimum for every job.

My evidence: _____ Recruiter review: _____

03. Language evidence

Confirm accepted language evidence, any exemptions, required scores and validity with your regulator. Track completion only against the route your recruiter has checked.

My evidence: _____ Recruiter review: _____

04. Exams & assessment

Confirm whether an examination, competence assessment, supervised practice or another assessment is required for your individual qualification route.

My evidence: _____ Recruiter review: _____

05. Professional registration

Confirm your registration or licence status with Medical Council of New Zealand. A submitted application or eligibility letter is not necessarily permission to practise.

My evidence: _____ Recruiter review: _____

06. Employer requirements

Review the published role, interview, references and employer checks with Midora. A checked benchmark does not constitute an offer or hiring decision.

My evidence: _____ Recruiter review: _____

07. Visa & relocation

Confirm the appropriate right-to-work or visa route and relocation documents with the employer and a qualified adviser. Do not book travel until your individual arrangements are confirmed.

My evidence: _____ Recruiter review: _____

Before accepting an offer

Confirm the role, employer, location, pay currency, working hours, supervision, probation, notice terms and relocation responsibilities in writing. Keep professional registration separate from immigration permission. Submit private documents only through the secure recruitment process, never a public channel.

Your next step

Open your live checklist and ask your recruiter to confirm the current official rules for your route. Midora charges applicants no recruitment fees. Regulators and other independent providers may charge separately.

Document and source status

Generated from Midora checklist version 2026-10-07. The edition date records this document update, not a claim that every profession-specific rule or immigration change was revalidated on that date. Open the linked official authority before making an application or paying for an assessment.